

Setting Up . . .

Smarter



This ebooklet is designed to take the pain out of your painting experience. To free yourself from the clutter and distractions that make painting hard for you to get into. Get yourself set up. Smarter.



- ✓ Learn how to finally free yourself from the background chatter - allow your mind to clear.
- ✓ Paint freely in a space set up just for you!
- ✓ Discover the best strategies for setting up your paints, palette, easel, brushes and lighting.

Beginning the process of learning to paint can be a little daunting. The following is a pile of ideas that will get you over some big humps.

I should point out before we start, that this is not the only way to do it. It's just a series of ideas that I wish I'd learnt a long time ago. I am on a learning curve too, and find better ways to do things, and make new discoveries regularly, so even though this is my way now, it may not be for forever. Please take that which is useful and dump the stuff that isn't.

This is all about setting up. Even though it's not actually painting, it is an incredibly important piece of the painting process.

Do not underestimate the power of setting yourself up to paint properly. Taking some time with this will free you up. It will remove some of the background chatter and concerns that take you away from the "right" space to do good work; and it will allow you more time to spend painting your painting, and not wrestling with your painting.

Hope you enjoy - let's jump in!

Mark

...clothing

This may not seem that important, but..... given that we are freeing ourselves up, we need to look at almost everything that has the potential to take you "out" of your painting.

When you wear your best clothes you tend to behave a little differently than if you were wearing the oldest grottiest clothes you own.

Consider how you behave at the local Swamp Mud and Paint Throwing Fair. (I've seen TV. It's possible. Weird things happen in the world) in your Sunday best. You will probably be.....tentative. You don't want to be tentative when you are

painting. When your painting calls you to pick up a handful of coloured goo and hurl it at the surface, you need to be there, ready.



This may seem to be an extreme picture to prove a point, but its not.

There will come a time when you are totally in the moment of creation, when you are about to act..... then the voice pipes up....."if I get paint on this..." Boom, moment has gone, the magic dissipated.

When you can get out of your own way, the process is liberating, the experience magical, and, the work much better.

My advice: start from the inside out. Wear old undies, (sure, sure. We all know you have 'em) then old everything over the top. Even having overalls on over good clothes is potentially distracting. There is still that doubt that some paint may get through.

Trust me, I have managed to get paint in places even I find surprising.

The added bonus with wearing an eclectic mix of old clothes is, all who see you paint will be impressed with your slightly eccentric appearance. This will give you more cred as "one of those arty types". You can then charge more for your work and get away with odd behaviour (it's worked for me).



The other bonus is of course that you burn your bridges with "normal" people and are forced to spend the rest of your life painting and being weird. Ahhhh... Life is Good.

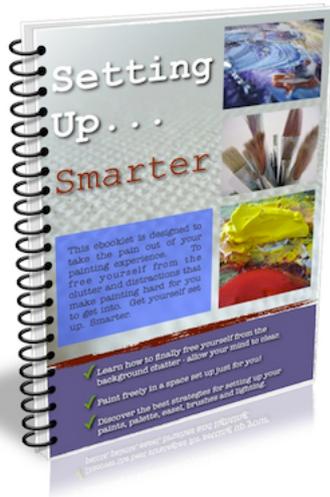
TIP: In colder climes a long sleeved shirt may be needed. Do up the sleeves, or put a rubber band around them. (Not too tight. We don't want to push the eccentric thing too far. Deliberate cutting off circulation to your hands is difficult to explain at ER if you are sober).

I cannot tell you how many times I wish I had taken that advice. I have spread (with my sleeve) large amounts of paint on almost everything remotely close to me, including but not limited to finished paintings, other people (who were not in old clothes), furniture, and my car to name a few. Nasty.

Remember, wear old clothes that you are fine to trash (and control the sleeves).

Concern number one, gone.

... thanks!!



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“Setting Up Smarter”

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- ✓ finally, an ebooklet that gets you started & releases you from your mind clutter
- ✓ create a workspace that liberates you
- ✓ set up to avoid clumsy mishaps
- ✓ managing your paint & palette, how & what to dish out, & why
- ✓ your brushes - the good, the bad, the ugly
- ✓ the light
- ✓ the best easel for your painting situation
- ✓ keeping your acrylic paint workable
- ✓ painting surfaces

Mark wishes he had known all this stuff 20 years ago!
He's taken the bumps out for you -
take him up on the best of the ebooklets out there.

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